

**Small miracles happen every week at the Horseplay Therapeutic Riding Center**



The Horseplay Therapeutic Riding Center is a non-profit organization that provides structured riding programs for individuals with special needs. Founded in 1995 we are a fully insured member of the Professional Association of Therapeutic Horsemanship International (PATH Intl). We offer 45 minute sessions under the supervision of a PATH Intl Certified Instructor. Riders gain proficiency in horsemanship, language and social skills, patience, and independence in a safe and encouraging environment.

***Therapeutic Riding***

Therapeutic riding benefits a wide array of special needs, including cognitive, physical, and emotional disabilities. The horse's symmetrical, rhythmic and multidimensional movements mimic that of the human gait and as a result help to improve balance, flexibility and strength. Riders also benefit socially and emotionally through the unique bonds they form with their horses and our dedicated volunteers.

Horseplay's therapeutic recreational sessions focus primarily on traditional riding skills using obstacle courses and activities adjusted for each rider's capabilities. The program encourages enhanced self-esteem and provides a great deal of enjoyment.



***Volunteers:***

***The heart of our program***

Horseplay volunteers are always needed to prepare the horses for sessions (groom and tack). During sessions volunteers lead horses or side-walk. After formal orientation volunteers receive hands-on training from instructors and experienced volunteers. We have a need and a place for anyone willing to help.

**If you love horses and love to help a good cause....**

**Please call us!**

